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History and Current Status of Psychotherapy Case Formulation

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Psychotherapy Case Formulation

CYCLICAL MALADAPTIVE PATTERNS: CASE FORMULATION IN TIME-LIMITED DYNAMIC PSYCHOTHERAPY Hanna Levenson and Hans H. Strupp Historical Background Time-Limited Dynamic Psychotherapy (TLDP) is an interpersonal, time-sensitive approach for patients with chronic, pervasive, dysfunctional ways of relating to others.

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